



## High School Presents New and Varied Opportunities

There are mountains upon mountains of research touting the multitude of benefits students enjoy from being engaged with their school! According to the 8 Components of College & Career Readiness, enrichment and extracurricular activities:

- increase students' engagement and academic performance,
- offer opportunities for students to develop leadership skills, and
- support creative and innovative interests.

School counselors encourage students to join clubs in order to build relationships with like-minded peers, create opportunities to shine outside of the classroom, and to have opportunities to casually engage with people from all walks of life.

We are only able to touch the surface with this flyer, but we hope to give students and parents a glimpse of the many ways students can become a part of their school's community!

### [Anderson Union High School Surf Club](#)

The Anderson Surf Club (A-Town Surf) is a great example of the unique opportunities each campus provides. Club advisors are faculty members that choose to connect with students beyond the classroom.

### [Broadcasting & Journalism](#)

Broadcasting and/or journalism is available in a variety of ways. Some high schools offer broadcasting as an extracurricular activity while others offer the opportunity as a co-curricular activity.

### [Future Farmers of America](#)

The large majority of our county's high schools offer Future Farmers of America (FFA) as a Co-curricular program meaning the students are enrolled in at least one agriculture class and they have the opportunity to participate in FFA activities.

### [Interact Club Sponsored by Rotary](#)

Rotary International sponsors high school students interested in serving their community with a club named Interact. This club encourages students to take action, build international understanding, and make new friends around the world. Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of "Service Above Self." Rotary offers many generous scholarships to Interact Club members that have served as leaders in their school's community.

### [Key Club Sponsored by Kiwanis](#)

Key Clubs are a high school community service club and they are sponsored by Kiwanis International. Key Club seniors are eligible for generous scholarships after providing community service and leadership on their school's campus.

### [Mock Trial](#)

Mock Trial is an extracurricular activity which means students join a club that meets during lunch, after school, and/or on weekends. Mock Trial is the perfect engagement opportunity for students with even the slightest interest in law, debate, psychology, or drama.

Our local area high schools offer rich music programs that include introductory to highly talented and advanced band and chorus. Here are just three examples.

[Enterprise High School Music Program](#)

[Foothill High School Music Program](#)

[Shasta High School Choir Program](#)



High schools also offer a host of new athletic opportunities. Once again we cannot list all that are offered but here are some unique opportunities.

### [Snowboarding & Slalom Ski Racing](#)

Snowboarding and Downhill Skiing is a unique school sponsored sport offered at most area high schools. Families and coaches drive the student-athletes up to Mt. Shasta for evening practices and on weekends. Many of our local racers qualify for state playoffs!

### **Golf (9-12)**

Girls: Fall

Boys: Spring

### **Swimming (9-12)**

Boys & Girls: Fall

### **Wrestling (9-12)**

Boys & Girls: Winter



**[Check out the engagement opportunities at your future high school!](#)**

[Anderson Union High School Clubs](#)

[Fall River Jr Sr High School Clubs](#)

[Anderson New Technology High School Clubs](#)

[Foothill High School Clubs](#)

[Burney Jr Sr High School Clubs](#)

[Shasta High School Clubs](#)

[Central Valley High School](#)

[West Valley High School Clubs](#)

[Enterprise High School Clubs](#)

[Shasta County Office of Education After School Programs](#)